

GLAM NEW LOOKS

MAKE
FASHION'S
KEY TRENDS
WORK FOR YOU

BEAUTY
Look Expensive
For Less

HEALTH
4 Words That
Stop Emotional
Eating For Good

PSYCHOLOGY OF SEX
When You Want It
More Than He Does

**SPECIAL
REPORT**
Women
Born Into
Fortitution

**EVA
MENDES**
*The Sex Bomb
Shows Her
Funny Side*

Straight Into Style

Cuff Love

From heavy metal at Balenciaga to cool crystals at Chanel, we're falling head over heels for autumn's style-statement cuffs

