

How to Measure your Ring Size

You can measure your ring size in a number of ways; in the UK it is measured alphabetically, in the US it is done numerically, or you can measure the Internal Diameter or Circumference. We have outlined the various tried and tested options below, but please bear in mind the following points before you start.

Tips on Finger Sizing:

- If you measure your finger and find that your size is in between two different sizes, you should pick the larger size.
- Remember that due to temperature changes your finger may shrink or expand throughout the day. In the cold, fingers tend to shrink, and can measure up to half a size smaller. In the heat, your fingers swell, which can make for a larger measurement. Take the temperature into account when sizing your finger just as you would when trying on shoes. It is a good idea to measure at the end of the day, when your fingers are at their largest.
- Large knuckles should wear a slightly loose ring, while slimmer knuckles require a tighter ring.
- Your ring should fit comfortably, and should of course be tight enough so that it does not fall off, but loose enough to slide over your knuckles.
- Finally, every ring size chart will vary slightly in its measurements. We all wish there was one internationally recognised standard, but unfortunately there is not. On one chart a diameter of 16.40mm may equal an L (US 6), but on another chart an L may be measured as 16.31mm diameter / US 5¾ . Therefore, any previous measurement you may have been given by other jewellers may have been measured on a different system and could vary slightly.

Measuring a Ring you Already Own:

1. Measuring the Inside Diameter of your Ring:

This is one of the quickest ways to measure your ring size.

- Simply select one of your rings that properly fits the intended finger.
- Measure the **INSIDE** diameter of the ring.
- Match the measurement to the conversion chart below. If it falls between 2 sizes, we advise you to order the larger of the two sizes.

Please note: Rings with a wider band will normally feel a bit tighter than rings with a thin band. In these cases, we recommend buying half to a full size larger than your normal size.

Inside Diameter		Inside Circumference		Ring Size	
(in)	(mm)	(in)	European (mm)	United States	United Kingdom
0.61	15.6	1.92	48.7	4¾	J
0.62	15.8	1.94	49.3	5	J½
0.63	16.0	1.97	50.0	5¼	K
0.63	16.1	1.99	50.6	5½	K½
0.64	16.4	2.02	51.2	5¾	L
0.65	16.6	2.04	51.9	6	L½
0.66	16.8	2.07	52.5	6¼	M
0.67	17.0	2.09	53.1	6½	M½
0.67	17.2	2.12	53.8	6¾	N
0.68	17.4	2.14	54.4	7	N½
0.69	17.6	2.17	55.1	7¼	O
0.70	17.8	2.19	55.7	7½	O½
0.71	18.0	2.22	56.3	7¾	P
0.71	18.2	2.24	57.0	8	P½
0.72	18.4	2.27	57.6	8¼	Q
0.73	18.6	2.29	58.3	8½	Q½
0.74	18.8	2.32	58.9	8¾	R

2. Measuring your Finger:

- Wrap a narrow strip of paper or piece of string comfortably around your intended finger.
- Mark the end (where it meets) and measure the distance. This is the circumference.
- Match the measurement to the circumference column in the above conversion chart. If it falls between 2 sizes, we advise you to order the larger of the two sizes.

3. International Ring Sizing:

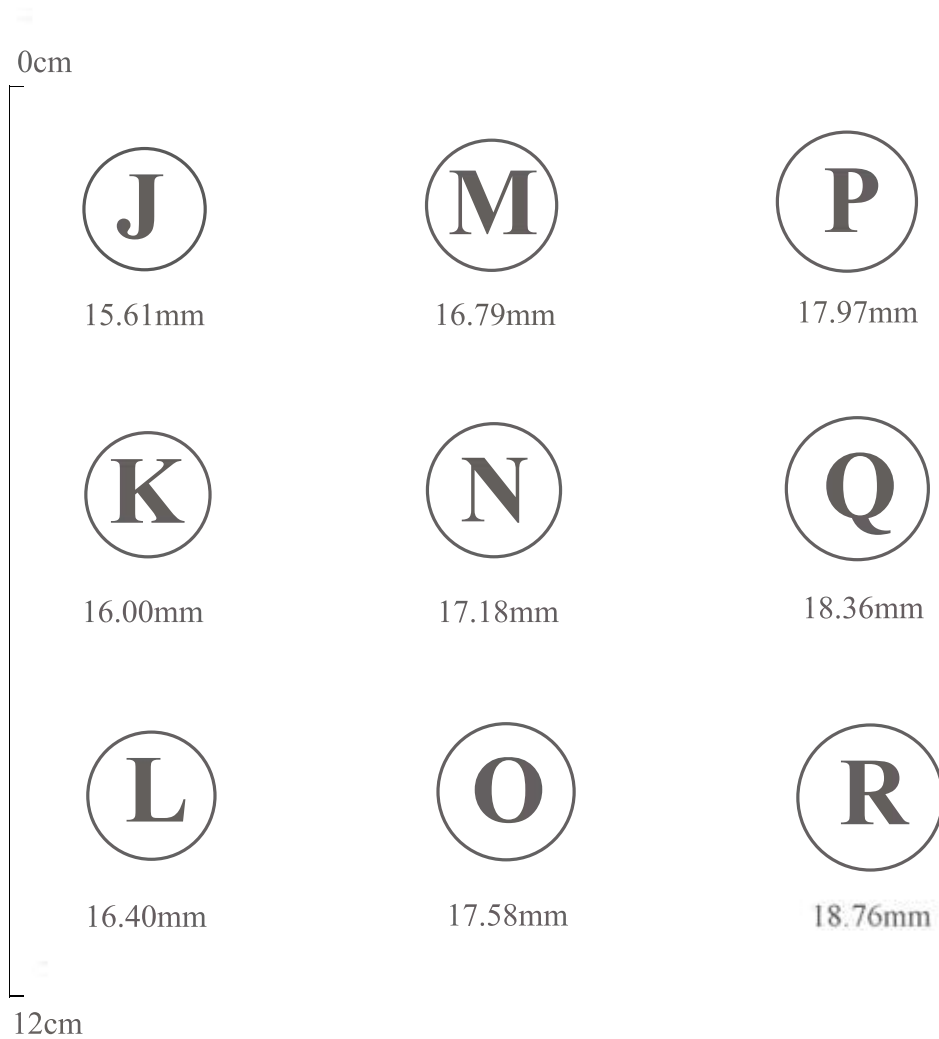
If you already know your ring size in a US or European size, then please see the above conversion chart to see what this would equate to in a UK size.

4. Comparing your Ring against a Ring Scale Chart:

You can also print out the below ring size chart to view ring sizes (J to R) to scale.

- Print this chart and measure the line on the right. It must be exactly 12cm for accurate results.
- Then place one of your rings that fits you comfortably over the circle, making sure that the inside of the ring lines up with the outside of the circle.
- When you find a match, you've found the right size.

Ring Scale Chart



Please note: Since screen resolution and printer settings may vary from computer to computer, we have also included specific measurements for your reference. Set your printer to 100% for optimum results. When printing this document, measure the vertical line to check it is 12 cm and has printed to scale.

Buying a Ring as a Gift:

The best & easiest way to find out someone else's ring size is to borrow one of their rings, making sure it is from the correct finger, and use the Ring Scale Chart or Conversion Chart to determine its size.

We do not advise buying someone else a ring if you are unsure of their ring size.